



### January: God Helps Me to Grow

Focus on activities where your child hears how Jesus grew, knows God is helping him or her grow and experiences opportunities for growth.

### **SING IT**

#### **I Am Growing**

(Tune: "Are You Sleeping?")

I am growing. I am growing.  
Yes, I am. Yes, I am.  
One time I was smaller.  
Now I am much taller.  
Watch me grow. Watch me grow.

### **SAY IT**

**"God made us."**  
Malachi 2:10

### **DO IT**

#### **I'm Growing**

(Act it out. Use your child's name instead of "I".)

When I was a baby,  
I was very, very small.  
Now, I'm growing older.  
I'm growing big and tall.  
When I was a baby,  
I could only crawl.  
Now I can walk, and I can jump.  
But sometimes, down I fall!

### **TELL IT**

#### **Jesus Grew**

Once Jesus was a baby. Jesus learned to crawl. Then, He learned to walk. Jesus grew to be a bigger boy. He learned to do many things.

You are growing, too.  
You are learning to talk and sing and run and climb. God made you.  
God will help you grow.  
You are learning to talk and sing and run and climb. God made you.  
God will help you grow.